

FACULTY

Harold E. Bays, MD, FOMA, FTOS, FACC, FACE, FNLA

Board Certified in Internal Medicine and Endocrinology and Metabolism; Diplomate, American Board of Clinical Lipidology; Diplomate, American Board of Obesity Medicine; Medical Director, Your Body Goal Center for Body Composition, Body Weight and Body Metabolism; Medical Director, L-MARC Research Center, Louisville, KY

Sally A. Boeve, MD

Board Certified in Child and Adult Psychiatry; Clinical Assistant Professor, Psychiatry, University of Arizona Health Sciences, College of Medicine Tucson, Banner University Medical Center Tucson; Chief Medical Director, Intermountain Centers, Tucson, AZ

Stephen C. Brewer, MD, ABFM

Board Certified in Family Medicine; Medical Director, Canyon Ranch, Tucson, AZ

Timothy Byrne, DO

Board Certified in Internal Medicine, Interventional Cardiology and Cardiovascular Disease; Director, Cardiac Catheterization Lab, Associate Director, Interventional Cardiology Fellowship Program, Banner University Medical Center Phoenix; Biltmore Cardiology, Phoenix, AZ

Sheetal K. Chhaya, DO, FACR

Board Certified in Internal Medicine and Rheumatology; Clinical Assistant Professor, Department of Internal Medicine, University of Arizona; Chair and Medical Director of Medical Subspecialties, Division of Rheumatology, Maricopa Medical Center, Phoenix, AZ

CDR Reasol Chino, PharmD, BCACP

Doctor of Pharmacy; Board Certified Ambulatory Care Pharmacist; Assistant Chief Pharmacist III, Tuba City Regional Health Care Corporation, Tuba City, AZ

Andrew Cronyn, MD, FAAP

Board Certified in Pediatrics; Co-Founder, El Rio Transgender Pediatric Care Program, Chair, Transforming Primary Care for LGBTQ People, El Rio Community Health, Tucson, AZ

Bennet E. Davis, MD

Board Certified in Anesthesiology and Pain Medicine; Medical Director, Community Health Center, Inc., Project Pain ECHO; Director, Pain Recovery Program, Sierra Tucson, Tucson, AZ

Nicola Finley, MD

Board Certified in Internal Medicine; Adjunct Faculty, Affiliate Health Promotion Sciences Department, University of Arizona Mel and End Zuckerman College of Public Health; Physician, Canyon Ranch, Tucson, AZ

Amy Foxx-Orenstein, DO, FACC

Board Certified in Internal Medicine and Gastroenterology; Professor of Medicine, Gastroenterology and Hepatology, Mayo Clinic, Phoenix, AZ

MAJ William B. Harris, DO, RPVI, FACS

Board Certified in General Surgery and Vascular and Endovascular Surgery; USAF, MC, 959th Medical Operations Squadron, San Antonio Military Medical Center, Fort Sam Houston, TX

Sandra B. Herron, MD, FAAP

Board Certified in Pediatrics; Clinical Assistant Professor, Pediatrics, University of Arizona Health Sciences, College of Medicine Tucson, Banner University Medical Center Tucson; Tanque Verde Pediatrics, Tucson, AZ

Guillermo Higa, MD, FACS, FASMBS

Board Certified in General Surgery and Bariatric Surgery; Carondelet Medical Group West, Tucson, AZ

Shana T. Hilson, MSN, ACNP-BC, CWS

Board Certified Acute Care Nurse Practitioner; Director, Wound Care, Vascular Institute of Chattanooga, Chattanooga, TN

Amy Kennedy, PharmD, BCACP

Doctor of Pharmacy; Residency Director and Clinical Assistant Professor, Pharmacy Practice and Science, University of Arizona Health Sciences; Clinical Pharmacist, El Rio Health, Tucson, AZ

Geoffrey S. Landis, DO, FACR

Board Certified in Orthopaedic Surgery; Tucson Orthopaedic Institute, Tucson, AZ

Roger J. Mignosa, DO

Board Certified in Physical Medicine and Rehabilitation; Clinical Professor of Family Medicine and Public Health, UC San Diego Health; Founder, Andiamo Health; Osteopathic Medical Associates, San Diego, CA

Jonathan Minor, MD

Board Certified in Pediatrics and Pediatric Sports Medicine; Co-Medical Director, SPARCC, Tucson, AZ

Mohammed R. Mortazavi, MD

Board Certified in Pediatrics and Pediatric Sports Medicine; Pediatric Hospitalist, Tucson Medical Center; Medical Director, SPARCC, Tucson, AZ

Catherine S. Riley, MD

Board Certified in Pediatrics and Developmental-Behavioral Pediatrics; Director, Developmental and Behavioral Pediatrics Fellowship, Clinical Assistant Professor, University of Arizona Health Sciences, College of Medicine Tucson; Banner University Medical Center Tucson, Tucson, AZ

David S. Rubenson, MD

Board Certified in Internal Medicine and Cardiovascular Disease; Associate Clinical Professor, UC San Diego School of Medicine; Scripps Clinic, John R. Anderson V Medical Pavilion, La Jolla, CA

Ronald J. Servi, DO, FCCP

Board Certified in Internal Medicine and Pulmonary Disease; Adjunct Assistant Professor, Department of Pulmonary Medicine, University of Texas MD Anderson Cancer Center; Pulmonary Staff Physician, Banner MD Anderson Cancer Center, Gilbert, AZ

F Mazda Shirazi, MD, PhD, FACEP, FACMT

Board Certified in Emergency Medicine and Medical Toxicology; Medical Director, Arizona Poison and Drug Information Center; Director, Medical Toxicology Fellowship, Associate Professor, Emergency Medicine and Toxicology, University of Arizona Health Sciences, College of Medicine Tucson, Banner University Medical Center Tucson, Tucson, AZ

Sarah Sullivan, DO

Board Certified in Neurology; Northwest Allied Physicians, Tucson, AZ

Sasha Taleban, MD

Board Certified in Internal Medicine and Gastroenterology; Director, Inflammatory Bowel Disease Program, Associate Professor of Medicine, University of Arizona Health Sciences Center, College of Medicine Tucson; Banner University Medical Center Tucson, Tucson, AZ

Jonathan J. Taliercio, DO

Board Certified in Internal Medicine and Nephrology; Associate Nephrology Fellowship Program Director; Cleveland Clinic Main Campus, Cleveland, OH

Rachel M. Taliercio, DO

Board Certified in Internal Medicine and Pulmonary Disease; Associate Staff, Department of Pulmonary Medicine; Cleveland Clinic Main Campus, Cleveland, OH

CAPT Ha C. Tang, DO

Board Certified in Family Medicine; Adjunct Associate Professor, Community and Family Medicine Department, Dartmouth Medical School; Clinical Professor of Family Medicine; Western University College of Osteopathic Medicine of the Pacific; Deputy Chief of Family Medicine, Tuba City Regional Health Care Corporation, Tuba City, AZ

Ole J. Thienhaus, MD, MBA, FACP, Psych

Board Certified in Psychiatry and Geriatric Psychiatry; Department Head and Professor of Psychiatry, University of Arizona Health Sciences, College of Medicine Tucson; Banner University Medicine Behavioral Health Clinic, Tucson, AZ

Conference Description

The Southwestern Conference on Medicine® is an annual event designed to bridge practice gaps between primary care providers' current knowledge, practice performance, patient outcomes and the ever evolving standards of care in modern medicine. Primary care providers, internal medicine specialists, Physician Assistants, Nurse Practitioners and all other physician specialties are minimally exposed to the continual influx of new research data, recent studies and emerging disease states and lack expert mentoring to be able to improve competency, practice performance and patient outcomes. By providing the most current evidence-based findings, studies and technological advances, the Conference will allow the participants to advise their patients to improve care, outcomes and health. The knowledge, competence and performance gaps of this educational activity were developed from data collected from past Conference participants and outcomes measurement tools, the Planning Committee's perceptions of needed improvements in primary care diagnosis and treatments, national and local statistics and review of current trends in technology and medical literature.

Learning Objectives

Participants will be able to: recognize, analyze and assess current issues in primary care and internal medicine; identify and utilize new and updated treatment methods; review new guidelines for treatment of a number of disease states and disorders; discuss cases regarding new treatment options and technological advances; utilize the most up-to-date clinical and scientific information in practice; examine case studies, patient outcomes, research results and best practice guidelines for application in clinical practice; appropriately evaluate patients for referral.

Continuing Medical Education Credit

Tucson Osteopathic Medical Foundation (TOMF) is accredited by the American Osteopathic Association (AOA) to sponsor continuing medical education for physicians. TOMF designates this program for a maximum of 30 AOA Category 1A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity. Three additional AOA Category 1A credits may be earned by DOs who complete an online post-conference outcomes assessment. In order to obtain any credit, all participants must complete the Conference evaluation and CME attestation at the end of the meeting.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Cleveland Clinic Foundation Center for Continuing Education and Tucson Osteopathic Medical Foundation. The Cleveland Clinic Foundation Center for Continuing Education is accredited by the ACCME to provide continuing medical education for physicians.



The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 30.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, the 28th Annual Southwestern Conference on Medicine, with a beginning date of 05/02/2019, has been reviewed and is acceptable for up to 30.00 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 30.00 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

This activity was planned in accordance with AAPA CME Standards for Live Programs and for Commercial Support of Live Programs.

Planning Committee Members

Leonard H. Calabrese, DO, Primary Activity Director; Jerry H. Hutchinson, Jr., DO, FACOI, Co-Activity Director, Committee Co-Chair; Rachel M. Taliercio, DO, Co-Activity Director; Howard R. Zveitel, DO, Committee Co-Chair; Peter R. Catalano, DO; Nicole Ciffone, FNP-C; Leigh Ann Costanzo, DO; Melissa Cox, DO; Valerie C. Ebert, DO; Patricia J. Eck, DO; Timothy C. Fagan, MD; Issa Y. Hallaq, DO, FACOI; John F. Manfredonia, DO, FACOFP, FAAHPM; Felipe R. Perez, MD; Daniel Walton, DO, FACP, FACOI, FASN. Program Coordinator: Nicole Struck, TOMF Program Director.

Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education in joint providership with Tucson Osteopathic Medical Foundation has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity handout.



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For more information on this and other CME events,
please visit our website www.tomf.org/cme

Tucson Osteopathic Medical Foundation
3182 N. Swan Road, Tucson, AZ 85712
Phone: (520) 299-4545
Toll Free: (800) 201-8663
Fax: (520) 299-6090



Presented by Tucson Osteopathic Medical Foundation in Joint Providership with Cleveland Clinic

The 28th Annual SOUTHWESTERN CONFERENCE ON MEDICINE®

May 2 - 5, 2019 | Westin La Paloma Resort & Spa | Tucson, Arizona

This program has been approved for 30 *AMA PRA Category 1 Credits™*, 30 AOA Category 1A Credits, 30 AAFP Prescribed Credits, 30 AAPA Category 1 CME Credits
Register online at www.tomf.org/cme

Conference Information at www.tomf.org/cme

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Presented by Tucson Osteopathic Medical Foundation in Joint Providership with Cleveland Clinic

To learn more about this event or to register online, visit www.tomf.org/cme

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Register online at www.tomf.org/cme



Thursday, May 2

7:00 am - 7:25 am **Continental Breakfast**
Grand Ballroom

7:25 am - 7:30 am **Opening Remarks**
Canyon Ballroom

7:30 am - 9:30 am **Obesity: Surgical & Pharmaceutical Options & Navigating Diet Trends Panel Discussion**
Harold E. Bays, MD, FOMA, FTOS, FACC, FACE, FNLA;
Guillermo Higa, MD, FACS, FASMBS

9:30 am - 9:45 am **Break**
Grand Ballroom

9:45 am - 11:45 am **Diabetes: Perspectives in Endocrinology & Clinical Pharmacy Panel Discussion**
Harold E. Bays, MD, FOMA, FTOS, FACC, FACE, FNLA
Amy Kennedy, PharmD, BCACP

11:45 am - 12:45 pm **Lunch**
Grand Ballroom

12:45 pm - 2:15 pm **Vascular Surgery & Wound Care in Primary Care**
MAJ William B. Harris, DO, RPVI, FACS
Shana T. Hilson, MSN, ACNP-BC, CWS

2:15 pm - 3:15 pm **Migraines**
Sarah Sullivan, DO

3:15 pm - 3:30 pm **Break**
Grand Ballroom

3:30 pm - 4:30 pm **Myths & Facts about Low Libido in Women**
Nicola Finley, MD

4:30 pm - 5:30 pm **Health Through Moderation in an Age of Extremes**
Stephen C. Brewer, MD, ABFM

5:30 pm - 7:30 pm **Welcome Reception**
Arizona Deck

Friday, May 3

7:00 am - 7:25 am **Continental Breakfast with Exhibitors**
Grand Ballroom & Grand Foyer

7:25 am - 7:30 am **Opening Remarks**
Canyon Ballroom

7:30 am - 8:30 am **Chronic Kidney Disease Management**
Jonathan J. Taliercio, DO

8:30 am - 9:30 am **Lung Cancer Update**
Ronald J. Servi, DO, FCCP

9:30 am - 10:00 am **Break with Exhibitors**
Grand Ballroom & Grand Foyer

10:00 am - 11:00 am **Structural Heart Disease for Primary Care**
Timothy Byrne, DO

11:00 am - 12:00 pm **Echocardiography Advances for Primary Care**
David S. Rubenson, MD

12:00 pm - 1:15 pm **Lunch with Exhibitors**
Grand Ballroom & Grand Foyer

1:15 pm - 2:15 pm **Getting Past Stuck Points: Communication Tools that Help Remove Barriers**
Rachel M. Taliercio, DO

2:15 pm - 3:15 pm **LGBTQ Patient Care**
Andrew Cronyn, MD, FAAP

3:15 pm - 3:45 pm **Break with Exhibitors & Prize Drawing**
Grand Ballroom & Grand Foyer

3:45 pm - 4:45 pm **Chronic Motility Disorders**
Amy Foxx-Orenstein, DO, FACC

4:45 pm - 5:45 pm **Inflammatory Bowel Diseases**
Sasha Taleban, MD

Saturday, May 4

7:00 am - 7:25 am **Founders' Scholarship Breakfast**
Grand Ballroom

7:25 am - 7:30 am **Opening Remarks**
Canyon Ballroom

7:30 am - 8:30 am **Vasculitis & Lupus**
Sheetal K. Chhaya, DO, FACR

8:30 am - 10:00 am **Understanding & Preparing for Emerging Diseases**
CAPT Ha C. Tang, DO; CDR Reasol Chino, PharmD, BCACP

10:00 am - 10:15 am **Break**
Grand Foyer

10:15 am - 11:15 am **TBA**
TBA

11:15 am - 12:15 pm **The Role of Orthopaedic Surgery in Sports Related Injuries**
Geoffrey S. Landis, DO

12:15 pm - 1:30 pm **Lunch on Your Own**

1:30 pm - 3:30 pm **Infant Safety & Pediatric Toxicology**
Sandra B. Herron, MD, FAAP
F. Mazda Shirazi, MD, PhD, FACEP, FACMT
Canyon Ballroom

3:30 pm - 3:45 pm **Break**
Grand Foyer

3:45 pm - 5:45 pm **Pediatric Development & Adolescent Depression**
Catherine S. Riley, MD; Sally A. Boeve, MD
Canyon Ballroom

OR

1:30 pm - 5:45 pm* **The Role of OMM & Exercise Science in the Prevention & Treatment of Sports Injuries Workshop**
Roger J. Mignosa, DO
Grand Ballroom
*A break will take place from 3:30 pm – 3:45 pm

Sunday, May 5

7:00 am - 7:25 am **Continental Breakfast**
Grand Ballroom

7:25 am - 7:30 am **Opening Remarks**
Canyon Ballroom

7:30 am - 8:30 am **PPE Updates & Strategies for Injury Prevention**
Jonathan Minor, MD

8:30 am - 9:30 am **Concussion**
Mohammed R. Mortazavi, MD

9:30 am - 9:45 am **Break**
Grand Foyer

9:45 am - 10:45 am **The Pain of Trauma, the Trauma of Pain: How Changing Clinician's Perception of Chronic Pain Will Impact Our Approach to Patients & the Opioid Crisis**
Bennet E. Davis, MD

10:45 am - 11:45 am **Suicide**
Ole J. Thienhaus, MD, MBA, FACPpsych

11:45 am - 12:45 pm **TBA**
TBA

12:45 pm **Adjourn**

This is a DRAFT AGENDA. Faculty, locations, dates and times are subject to change.

A 10 minute question and answer period is included in each of the Faculty's allotted time.

Hotel Information

The Westin La Paloma Resort & Spa 3800 E. Sunrise Drive, Tucson, AZ 85718

Attendees of the Southwestern Conference on Medicine may reserve rooms at The Westin La Paloma Resort & Spa. This luxurious Tucson property is nestled amidst the foothills of the Santa Catalina Mountains and features spectacular views as well as the Elizabeth Arden Red Door Spa, Jack Nicklaus-designed signature golf course, Azul Restaurant, Azul Lounge, Contigo Latin Kitchen and a wide variety of dining and leisure options only minutes away at La Encantada Shopping Center.



A special rate of \$209.00 per night, single or double occupancy, plus tax is being offered to Southwestern Conference participants. The Resort Fee has been waived. Rooms may be reserved at this special rate until April 12, 2019, or until the Foundation's room block is filled. Please visit the following website to reserve your hotel room: <https://www.starwoodmeeting.com/Book/SouthwestConferenceonMedicine>. You may also call The Westin La Paloma directly at (520) 742-6000 or (888) 627-7201 and indicate that you are with the Southwestern Conference on Medicine group.

Special Assistance

Tucson Osteopathic Medical Foundation and The Cleveland Clinic Foundation Center for Continuing Education fully intend to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Nicole Struck at (520) 299-4545 at least two weeks prior to the activity.

Tuition Fees Include

30 AOA Category 1A Credits, 30 AMA PRA Category 1 Credit(s)™, 30 AAFP Prescribed Credits, 30 AAPA Category 1 CME Credits, on-site wireless internet connection, advance online access to presentations, participant handout upon arrival, and meals. In addition, 3 hours of AOA Category 1A Credit may be earned by DOs who complete an online post-Conference outcomes assessment survey.

Active Physicians

\$565 Early Tuition (before 3/25/19)
\$605 Regular Tuition (from 3/25/19–5/1/19)
\$655 On-Site Tuition

Nurse Practitioners, Physician Assistants and Full/Semi-Retirees

\$465 Early Tuition (before 3/25/19)
\$505 Regular Tuition (from 3/25/19–5/1/19)
\$555 On-Site Tuition

Residents and Fellows

\$100 Early, Regular and On-Site Tuition

Payment Information

Secure online registration is available through the TOMF website by visiting www.tomf.org/cme. A check payable to the Tucson Osteopathic Medical Foundation (TOMF) with the form in this brochure may be remitted to TOMF at 3182 N. Swan Rd., Tucson, AZ 85712. Visa, MasterCard, Discover and American Express accepted.

Registration Cancellation and Refund Policy

All requests for refunds must be in writing. Requests postmarked by April 26, 2019 will entitle the registrant to a full refund less a \$60 processing fee. Refund requests will not be available after this date.

28th Annual Southwestern Conference on Medicine May 2 - 5, 2019

Name, address, and specialty will be printed in the participant list unless otherwise requested.

Name: _____

Mailing Address: _____

City/State/Zip: _____

Business Phone: _____

Fax: _____

E-Mail: _____

Specialty: _____

Please Check: DO MD NP PA

Other: _____

Retired (y/n): _____ AOA Number (if applicable): _____

Preferred Name on Badge: _____

Saturday Afternoon Concurrent Sessions (please select if attending):

- Pediatric Concurrent Session (1:30 – 5:45 pm)
- OMM Concurrent Session (1:30 – 5:45 pm)

Meal Functions

Please indicate which meal functions you will or will not attend:

Each participant may bring one guest to the Thursday evening reception. Other meal functions are for participants only.

Thursday Breakfast: Yes No

Thursday Lunch: Yes No

Thursday Reception: Yes No

Thursday Reception Guest: Yes No

Friday Breakfast: Yes No

Friday Lunch: Yes No

Saturday Breakfast: Yes No

Sunday Breakfast: Yes No

Special Dietary Needs: _____

Registration Total: \$ _____

Payment Information (please check one):

Check Enclosed (payable to Tucson Osteopathic Medical Foundation)

Visa MasterCard American Express Discover

Card #: _____ Exp. Date: _____

Name (as it appears on card): _____

Signature: _____

Remove Panel and Send To: Tucson Osteopathic Medical Foundation
3182 N. Swan Road, Tucson, AZ 85712
(520) 299-4545, Toll Free (800) 201-8663, Fax (520) 299-4609, cme@tomf.org

To learn more about this event or to register online, visit www.tomf.org/cme



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