



## Errata Sheet

### *Compendium Edition, Clinical Application of Counterstrain*

By Harmon L. Myers, D.O.

Osteopathic Press has identified the following reference errors in your edition. You may insert this errata sheet in the front or back of your edition or use this sheet to note corrections directly on the pages indicated. If you find additional needed corrections, please contact the Tucson Osteopathic Medical Foundation at 520-299-4545 or [info@tomf.org](mailto:info@tomf.org). Corrected Contents and Index by Muscle Name pages are available for download here as well.

Page	Reads	Should Read
13 Conclusion 1 <sup>st</sup> paragraph, 1 <sup>st</sup> sentence	..., but the methodology specific to SC was developed in the early 1960s by ...	..., but the methodology specific to CS was developed in the early 1960s by ...
38 Diagram		Netter illustration used with permission of Elsevier Inc. All rights reserved.
39 Gray box	Page 10	Page 38
40 Gray box	Page 10	Page 38
41 Gray box	Page 10	Page 38
44 Orange box	Page 9	Page 37
48 Diagram	Obliquus	Obliquus
62-68 Section heading at the top	Chapter 1 Headache, Neck Pain, and TMJ	Section IV Temporomandibular Disorders
71 Bottom of the page	Randall S. Kusinose, PT, OCS, JSCCI  William H. Devine, D.O.	Randall S. Kusunose, PT, OCS, JSCCI  William H. Devine, D.O., C- NMM OMM, C-FM OMT

<b>Page</b>	<b>Reads</b>	<b>Should Read</b>
89 2 <sup>nd</sup> paragraph, last sentence	Pages 51 and 52 Page 59 Page 55	Pages 99 and 100 Page 107 Page 103
3 <sup>rd</sup> paragraph, 3 <sup>rd</sup> sentence	Page 18	Page 46
99 Gray box	Page 41	Page 89
103 Diagram	Teres minor muscle,	Teres major muscle,
116 Explanatory notes	Page 65	Page 113
118 Gray box	Case History #06	Case History #01
123 Bottom of the page, right side	Page 117	Page 165
130 1 <sup>st</sup> paragraph, 1 <sup>st</sup> sentence	(See Lumbar Spine, pages 80, 81, 17)	(See Lumbar Spine, pages 128, 129, 165)
3 <sup>rd</sup> paragraph, 3 <sup>rd</sup> sentence	(See page 96)	(See page 150)
Bottom of the page, right side	Pages 57-60 Page 84	Pages 105-108 Page 132
132 Explanatory Notes	Page 85 Page 81 A and B	Page 133 Page 128 and 129
150 2 <sup>nd</sup> paragraph	(See Iliacus, pages 73 and 106)	(See Iliacus, pages 121 and 154)
4 <sup>th</sup> paragraph	(See Posterior Thoracics, page 80) pages 74 and 105	(See Posterior Thoracics, page 128) pages 122 and 153
154 Gray box	page 73	page 121
167 Gray box	See pain pattern on previous page	See pain pattern on page 166

<b>Page</b>	<b>Reads</b>	<b>Should Read</b>
170 Gray box	Page 118	Page 166
171 Gray box	Page 118	Page 166
186 Pain in the Lateral Knee	Page 131	Pages 178-179
199 3 <sup>rd</sup> paragraph, last sentence	gastrochemius	gastrocnemius
209 Gray box	Page 159	Page 207
211 Gray box	Page 151	Page 199
220 Gray box	Page 171	Page 219
223 Case History #05	Page 80	Page 89

**A**

Abdominal oblique  
 external 117, 119, 122, 123, 130,  
 150, 152, 153, 228, 229  
 internal 150, 151, 152, 228  
 Adductor brevis 186, 189, 230  
 Adductor digiti minimi 146, 147, 214,  
 220  
 Adductor hallucis 206, 214, 218  
 Adductor longus 186, 189, 230  
 Adductor magnus 150  
 Adductor pollicis 145, 229

**B**

Biceps brachii 88b, 89, 90, 91, 95,  
 227, 228, 229  
 long-head 89, 90, 91, 136, 227  
 short-head 90, 91, 136, 227  
 Biceps femoris 186, 198, 230  
 Brachialis 141, 144

**C**

Coccygeus 177, 184

**D**

Deltoid 80, 88b, 89, 95, 96, 227  
 Dorsal interossei 146, 147, 229

**E**

Extensors of the hand and wrist 143  
 Extensor digitorum brevis 206, 217,  
 221  
 Extensor digitorum longus 209, 222  
 Extensor hallucis brevis 206, 221

**F**

Flexors of the hand and wrist 142  
 Flexor digitorum brevis 206, 214, 219  
 Flexor hallucis brevis 206, 214, 218

**G**

Gastrocnemius 186, 197, 199, 200,  
 206, 211, 230  
 Gluteus maximus 77, 166, 167, 170,  
 171  
 Gluteus medius 80, 173, 174  
 Gluteus minimus 80, 172, 173, 230

**I**

Iliacus 117, 121, 123, 150, 154  
 Iliocostalis 128, 129, 132, 133  
 lumborum 120, 128, 129, 130, 132,  
 162, 180, 230  
 thoracis 120, 128, 129  
 Infraspinatus 88b, 89, 95, 99, 100,  
 227, 228  
 Interossei 146, 147, 229  
 Iliopsoas 121, 130, 154, 162, 166,  
 169, 228, 229

**L**

Levator scapulae 30, 31, 34, 117, 227  
 Longissimus thoracis xv, 117, 120, 123,  
 128, 129, 130, 132, 133, 150,  
 162, 163, 173, 180, 228, 230  
 Longus capitis 31, 38, 41, 42, 43  
 Longus colli 31, 38, 44  
 Lumbricals 146

**M**

Multifidi 21, 31, 123, 228  
 Multifidus 52, 53, 112, 115, 117, 126,  
 127, 163, 164, 166, 173, 177,  
 180, 227, 229

**O**

Obliquus capitis  
 inferior 48  
 superior 49, 50  
 Obturator  
 externus 150, 157  
 internus 150, 177  
 Omohyoid 31, 56, 62, 83, 84  
 Opponens pollicis 144, 229

**P**

Pectineus 150, 158  
 Pectoralis major 22, 23, 88b, 89, 93, 95,  
 112, 113, 114, 116, 227, 228  
 clavicular lamina 93  
 costal lamina 113  
 sternal lamina 113  
 Pectoralis minor 88b, 92, 227, 228, 229  
 Peroneus 207, 209, 222  
 brevis 207  
 longus 207, 222  
 Peroneus tertius 209  
 Piriformis xv, 173, 175, 230  
 Popliteus 186, 200, 230  
 Pronator teres 136, 140  
 Psoas minor 156

**Q**

Quadratus lumborum xv, 123, 130,  
 162, 163, 165, 173, 230  
 Quadratus plantae 206, 214, 215

**R**

Rectus abdominis xv, 117, 118, 123, 124,  
 130, 150, 155, 162, 228, 229  
 Rectus capitis anterior 38, 40  
 Rectus capitis lateralis 38, 39  
 Rectus capitis posterior  
 major 31, 49, 50  
 minor 31, 49, 50  
 Rectus femoris 186, 188, 230  
 Rotatores 54, 115, 126  
 brevis 54  
 longus 54

**S**

Sartorius 77, 79, 159  
 Scalenes 46, 51, 88b, 89, 227  
 Semispinalis capitis 55  
 Serratus anterior 112, 116, 228  
 Serratus posterior  
 inferior 130, 131, 132  
 superior 31, 88b, 89, 107, 117,  
 130, 227, 228  
 Soleus 186, 199, 206, 211, 230  
 Sternocleidomastoid 22, 30, 33, 34,  
 37, 44, 56, 57, 63, 68, 70, 227  
 Subclavius 88b, 95, 227, 228  
 Subscapularis 31, 88b, 89, 97, 103,  
 227, 228  
 Supinator 136, 139, 229  
 Supraspinatus 31, 35, 80, 88b, 89,  
 95, 101, 106, 227, 228

**T**

Tensor fascia lata 77, 167, 172, 178, 186  
 Teres major 31, 88b, 89, 103, 227  
 Teres minor 31, 88b, 89, 102, 103, 227  
 Tibialis anterior 206, 208, 222  
 Tibialis posterior 206, 216  
 Trapezius 12, 13, 30, 31, 32, 33, 34,  
 35, 54, 56, 57, 63, 70, 83, 84,  
 88b, 89, 106, 117, 130, 132,  
 133, 227  
 Triceps brachii 136, 137, 138, 228, 229

**V**

Vastus lateralis 186, 195, 230  
 Vastus medialis 186, 190, 230