

Thursday, April 26 Morning

7:00 am – 7:25 am **Continental Breakfast** *in the Grand Ballroom*

7:25 am – 7:30 am **Opening Remarks** *in the Canyon Ballroom*

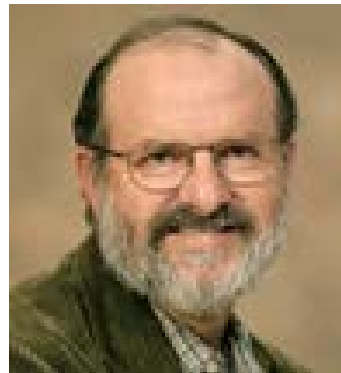
7:30 am – 8:30 am **The Power of the ANA**

Emily Littlejohn, DO, MPH - *Board Certified in Internal Medicine and Rheumatology; Cleveland Clinic, Cleveland, OH*



8:30 am – 9:30 am **Coccidioidomycosis Update for Primary Care**

John N. Galgiani, MD - *Board Certified in Internal Medicine; Director, Valley Fever Center for Excellence, Professor of Medicine, University of Arizona, Banner University Medical Center, Tucson, AZ*



9:30 am – 9:45 am **Break** *in the Grand Ballroom*

9:45 am – 10:45 am **Social Media in Healthcare: Benefits, Challenges & Opportunities**

Martha Gulati, MD, MS, FACC, FAHA - *Board Certified in Internal Medicine and Cardiology; Professor and Chief of Division of Cardiology, University of Arizona - Phoenix; Editor-in-Chief, CardioSmart, The American College of Cardiology; Physician Executive Director of Cardiology Institute, Banner University Medical Center Phoenix, Phoenix, AZ*



10:45 am – 11:45 am **Snakebite, Scorpion Sting & Antivenom in Arizona**

Leslie Boyer, MD, FACMT - *Board Certified in Pediatrics and Medical Toxicology; Director, Viper Institute; Associate Professor of Clinical Pediatrics, University of Arizona College of Medicine, Banner University Medical Center, Tucson, AZ*



11:45 am – 1:00 pm **Lunch** *in the Grand Ballroom*

Please write your inquiries for the faculty on the question notepads located throughout the General Session. Conference staff will pick them up near the end of each presentation. A 10-minute question and answer period is included in each of the Faculty's allotted time.

Thursday, April 26 Afternoon

1:00 pm – 3:00 pm

Breast Cancer Screening & Surgery Panel Discussion



Ashley Simpson, DO - *Board Certified in General Surgery; Cleveland Clinic South Pointe Hospital, Warrensville Heights, OH*

Danielle Carroll, MD - *Board Certified in Diagnostic Radiology; Radiology Ltd., Tucson, AZ*



3:00 pm – 3:15 pm

Break *in the Grand Ballroom*

3:15 pm – 4:15 pm

Headaches & Stroke Syndromes

Sarah Sullivan, DO - *Board Certified in Neurology; Northwest Allied Physicians, Tucson, AZ*



4:15 pm – 5:15 pm

A Walk in the Park: What's Community Got to Do with It?

Deanna Lewis, DrPH(c), MBA, PA-C - *Certified Physician Assistant; Doctoral Candidate, Public Health; University of Arizona, Canyon Ranch Center for Prevention and Health Promotion, Tucson, AZ*



5:15 pm – 7:30 pm

Welcome Reception *on the Arizona Deck*

Join your fellow Conference participants and guests for networking and "SouthWestin-Style" barbeque hors d'oeuvres. A fine selection of beers, wines, and soft drinks will be available at hosted bars, while a cash bar is available for premium liquors if that suits your fancy. Bring your dancing shoes and song requests because our entertainer, Mr. Andy Hersey, is a country singer and Southern Arizona native whose extensive songbook ensures the Welcome Reception will be a can't-miss, toe-tappin' event to remember!

Friday, April 27 Morning

7:00 am – 7:25 am **Breakfast with Exhibitors** *in the Grand Ballroom & Grand Foyer*

Get your Exhibitor Prize Drawing Card (page 27) signed at each Exhibitor table today to win a prize! Drawing time is 3:40 pm. You must be present to win! See page 21 for more information.

7:25 am – 7:30 am **Opening Remarks** *in the Canyon Ballroom*

7:30 am – 9:30 am **Endocrinology Review & Ask the Expert**

Kevin M. Pantalone, DO, ECNU, FACE - *Co-Activity Director; Board Certified in Internal Medicine and Endocrinology; Staff Endocrinologist, Department of Endocrinology, Diabetes and Metabolism at Cleveland Clinic; Twinsburg Family Health & Surgery Center, Twinsburg, OH*



9:30 am – 10:00 am **Break with Exhibitors** *in the Grand Ballroom & Grand Foyer*

10:00 am – 11:00 am **Acute & Chronic Neuropathies**

Scott L. Spradlin, DO, FACOI - *Board Certified in Internal Medicine; Vice President, Head of Medical Management, Aetna Clinical Services, Earth City, MO*



11:00 am – 12:00 pm **Emergent & Urgent Dermatology:
Eruptions & Wound Care**

G. Scott Drew, DO - *Board Certified in Dermatology; Chair, A.T. Still University Board of Trustees; Director of Dermatology, OhioHealth O'Bleness Memorial Hospital; Adjunct Clinical Faculty, Ohio State University, College of Medicine and Public Health; OhioHealth Marion Area Physicians, Marion, OH*



12:00 pm – 1:15 pm **Lunch with Exhibitors** *in the Grand Ballroom & Grand Foyer*

Get your Exhibitor Prize Drawing Card (page 27) signed at each Exhibitor table today!

Friday, April 27 Afternoon

1:15 pm – 3:15 pm

Sex Trafficking & Sexual Exploitation for Health Care Practitioners: Identification, Assessment & Treatment



Maurice Lee, MD, MPH, FAAFP - *Board Certified in Family Medicine; Medical Director, St. Vincent de Paul Virginia G. Piper Medical and Dental Clinic, Phoenix, AZ*

Jeff Gibbs, BS - *Certified Trainer, Arizona Human Trafficking Council, Arizona State University Office of Sex Trafficking Intervention Research, Rio Verde, AZ*



3:15 pm – 3:45 pm

Break with Exhibitors *in the Grand Ballroom & Grand Foyer*

Return your Exhibitor Card to registration desk by 3:35 pm. Prize Drawing will begin at 3:40 pm. You must be present in the Exhibit Hall/Grand Ballroom to win!



3:45 pm – 4:45 pm

Anxiety & Depression in Primary Care

Laurel Ralston, DO - *Board Certified in Psychiatry; Director, Clinical Psycho-oncology, Cleveland Clinic, Cleveland, OH*

4:45 pm – 5:45 pm

Acute & Chronic Sinusitis: Medical & Surgical Management

Jonathan Lara, DO, FAOCO - *Board Certified in Otolaryngology and Head & Neck Surgery; Sonoran Ear, Nose, and Throat, Tucson, AZ*



7:30 pm – 8:30 pm

Moon-Gazing with TAAA *on Mesa Verde*

Tucson Amateur Astronomy Association (TAAA) will be providing a unique opportunity to observe the skies of Tucson through telescopes. Share the beauty of the night and some sweet treats with your fellow Southwestern Conference on Medicine® participants and their families at this exclusive event.

Saturday, April 28

7:00 am – 7:25 am **Founders' Scholarship Breakfast** *in the Grand Ballroom*

TOMF continues its legacy of supporting future osteopathic physicians with its Founders' Scholarships. Help us honor the 2018 Awardees in attendance and see pages 29-34 to learn more about these already-accomplished medical students!

7:25 am – 7:30 am **Opening Remarks** *in the Canyon Ballroom*

7:30 am – 8:30 am **Hepatitis B & C Updates for Primary Care**

Hugo Vargas, MD - *Board Certified in Internal Medicine, Gastroenterology, and Hepatology; Professor of Medicine, Consultant, Division of Gastroenterology and Hepatology, Department of Internal Medicine, Mayo Clinic, Phoenix, AZ*



8:30 am – 10:00 am **Addressing the Opioid Crisis in Primary Care Part I**

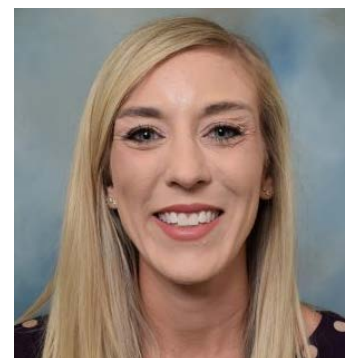
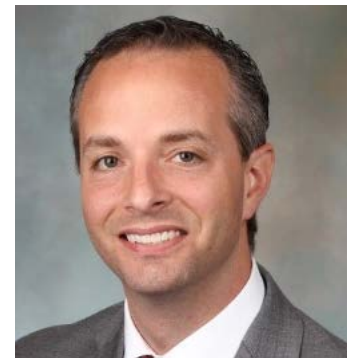
Does the term "opioid epidemic" induce diaphoresis and anxiety? Do you have more questions than answers regarding pain management? Do you struggle to balance appropriate pain management with the fear of regulatory scrutiny? Come join our expert panel of pain providers to gain insight and knowledge to empower your patients to develop tools to better manage their pain, with or without opioid pain medications.

David C. Patchett, DO, FACOFP - *Board Certified in Family Medicine; Mayo Clinic, Phoenix, AZ*

Dr. Patchett will discuss Arizona state and national regulatory guidelines around acute and chronic opioid prescribing and how to implement these into a busy practice. He will further discuss the use of osteopathic manipulative medicine including the fascial distortion model in acute and chronic pain. Lastly he will review functional/integrative medicine approaches for patients with chronic pain.

Jenna Buth-Croes, PsyD, LP - *Doctorate in Clinical Psychology; Pain Psychologist, Pain Management Clinic, Park Nicollet Health Services, St. Louis Park, MN*

Dr. Buth-Croes will delve into pain psychology and that pain isn't "all in your head." Pain, whether acute or chronic, is both sensory and an emotional experience. How one thinks and feels impacts pain processing at the neural level. Pain psychology helps individuals learn techniques to better regulate their sensory experience and involves looking at how one's thoughts and emotions influence daily choices and behaviors, which in turn impacts pain. Come learn about the role of pain psychology in overall pain management and well-being. We will review psychological considerations for pain management, including cautions for opioid medication management, as well psychological treatment options, providing you with resources and tools to help your chronic pain patients.



10:00 am – 10:15 am **Break** *in the Grand Foyer*

10:15 am – 11:45 am **Addressing the Opioid Crisis in Primary Care Part II**

JoAnna Harper, PharmD, RPh - *Doctorate in Pharmacy; Consultant Pharmacist, Pain Partners, LLC; Chronic Pain Medication Therapy Management Pharmacist, Park Nicollet Health Services, St. Louis Park, MN*

Dr. Harper will discuss the advantages of various medications of a variety of medication classes, special considerations and precautions, medications for special populations (geriatrics, renal dysfunction, liver dysfunction), and often "forgotten" medications. She will touch briefly on incorporating techniques to empower patients to become active participants in their medical team, developing different coping skills, and encourage accountability, rather than relying on any medication to "solve" their pain problems. Lastly, she will discuss how the "opioid epidemic" impacts patients, and the importance of individual patient care.



Christina M. Gonzaga, DO - *Board Certified in Physical Medicine and Rehabilitation and Pain Management; Medical Director, Pain Management Clinic, Park Nicollet Health Services, St. Louis Park, MN*

Dr. Gonzaga will discuss the role of interventional procedures (common pain interventions and determining appropriate candidates) and medical cannabis (patient selection, use in the setting of opioids, and risk, benefits, and legalities).



11:45 am – 12:45 pm **Addressing the Opioid Crisis in Primary Care Q & A**

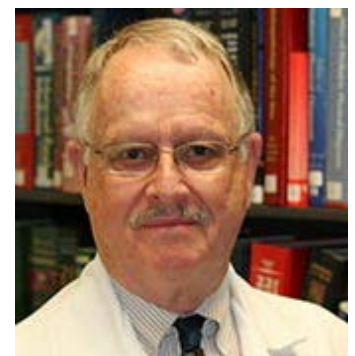
Please come prepared with questions and expect a lively, no-holds-barred conversation that will be sure to leave you feeling more equipped to address complex patients. Questions will be collected throughout the formal presentations, but will be held until the panel discussion portion of the program.

12:45 pm – 2:00 pm **Lunch on Your Own**

On property options include AZuL or Contigo Latin Cuisine. Contigo will be open outside of its normal hours for this lunch as a special consideration for Southwestern Conference on Medicine participants! The special lunch menu is available at the registration desk.

2:00 pm – 6:15 pm **OMT in Primary Care Concurrent Session***
in the Grand Ballroom

Edward G. Stiles, DO, FAAO - *Board Certified in Neuromusculoskeletal Medicine; Professor, Osteopathic Principles and Practices, University of Pikeville, Kentucky College of Osteopathic Medicine, Pikeville, KY*



*A break is scheduled from 4:00 pm – 4:15 pm.

OR

2:00 pm – 6:15 pm

End-of-Life Care Concurrent Session *in the Canyon Ballroom*

2:00 pm – 2:50 pm

Overview of End-of-Life Care

Rama Kunkle, DO, FACOI - *Board Certified in Internal Medicine and Hospice and Palliative Care; HonorHealth Comprehensive Care Center, Phoenix, AZ*



2:50 pm – 3:40 pm

Ethics in End-of-Life Care

Phillip H. Factor, DO, MHL, FCCP - *Board Certified in Internal Medicine, Critical Care Medicine, Hospice and Palliative Medicine, and Pulmonary Disease; University of California at San Diego Health, La Jolla, CA*



3:40 pm – 4:00 pm

Panel Question and Answer Session

4:00 pm – 4:15 pm

Break

4:15 pm – 6:15 pm

Communication in Serious Illness: An Interactive Workshop



Paul E. Stander, MD, MBA, HMDC, FACP - *Board Certified in Internal Medicine and Hospice and Palliative Medicine; Associate Director, Outpatient Palliative Care, Phoenix VA Medical Center; Chief of Service, Department of Medicine, Banner University Medical Center Phoenix; Medical Director, Hospice of the Valley, Phoenix, AZ*



Adebisi Alli, DO, MS, FACP - *Board Certified in Internal Medicine; Medical Director, VA Academic PACT Residency Clinic, Director, Quality Improvement & Patient Safety Education Program, Associate Program Director, Internal Medicine Clinical Assistant Professor of Medicine, University of Arizona College of Medicine-Phoenix, Phoenix, AZ*

OR

2:00 pm – 6:15 pm **Pediatric Allergy & Immunology Concurrent Session**
in Murphey

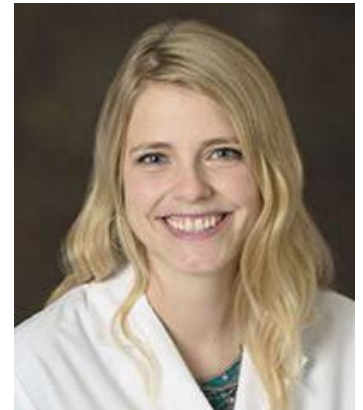
2:00 pm – 3:00 pm **Asthma: Classification, Management, Prevention & New Treatments**

Cori Daines, MD - Board Certified in Pediatric Pulmonology; Professor of Medicine, Division Chief, Pediatric Pulmonology, University of Arizona College of Medicine, Banner University Medical Center, Tucson, AZ



3:00 pm – 4:00 pm **Atopic Dermatitis & Eczema: Diagnosis, Management, Prevention & New Treatments**

Sierra Wolter, MD - Board Certified in Dermatology; Assistant Professor of Medicine, Assistant Professor of Pediatrics, University of Arizona College of Medicine, Banner University Medical Center, Tucson, AZ



4:00 pm – 4:15 pm **Break**

4:15 pm – 6:15 pm **New Developments in Food Allergies, Prevention & Treatment
&
Immunodeficiency: Recognizing Subtle Signs, Diagnosis & Referral**

Michael Daines, MD - Board Certified in Pediatric Allergy and Immunology; Division Chief, Pediatric Allergy and Immunology, University of Arizona College of Medicine, Banner University Medical Center, Tucson, AZ



Sunday, April 29 Morning

7:00 am – 7:25 am **Continental Breakfast** *in the Grand Ballroom*

7:25 am – 7:30 am **Opening Remarks** *in the Canyon Ballroom*

7:30 am – 9:30 am **Syncope, Chest Pain & Shortness of Breath**

Navin Kedia, DO - *Board Certified in Internal Medicine, Cardiology, and Nuclear Cardiology; Director, Carondelet Telecardiology Program, Carondelet Heart and Vascular Institute, St. Joseph's Hospital, Tucson, AZ*



9:30 am – 9:45 am **Break** *in the Grand Foyer*

9:45 am – 10:45 am **Precision Medicine: The Future of Primary Care**

Franz P. Rischard, DO - *Board Certified in Critical Care Medicine, Pulmonary Disease, and Internal Medicine; Assistant Professor and Director of Pulmonary Hypertension Program, University of Arizona College of Medicine; Banner University Medical Center, Tucson, AZ*



10:45 am – 11:45 am **Infectious Disease Emergencies**

Tirdad Zangeneh, DO, MA, FACP, FIDSA - *Board Certified in Internal Medicine and Infectious Disease; Associate Professor of Medicine, Associate Director, Internal Medicine Residency Program, University of Arizona College of Medicine, Banner University Medical Center, Tucson, AZ*



11:45 am – 12:45 pm **CV Mechanism: Reducing Cardiovascular Death with SGLT2 Inhibitors**

Robert J. Chilton, DO, FACC, FACOI - *Board Certified in Internal Medicine, Cardiovascular Disease, and Electrophysiology; Professor of Medicine, The University of Texas Health Science Center; Director, Cardiac Catheterization Laboratory, Audie Murphy VA/University of Texas Health Science Center, San Antonio, TX*



12:45 pm **Adjourn**
