

SOUTHWESTERN CONFERENCE ON MEDICINE®



**OCTOBER 1 - 3, 2021
(ON-DEMAND VIEWING GUIDE)**

20.50 AOA Category 1-A Credits

SPONSORED BY TUCSON OSTEOPATHIC MEDICAL FOUNDATION

Celebrating TOMF's 30-Year Legacy of High-Quality CME

2021 SOUTHWESTERN CONFERENCE ON MEDICINE®



SESSION 1



1 CREDIT

A PAIN IN THE BUTT: COMMON CAUSES AND TREATMENT OPTIONS FOR POSTERIOR HIP PAIN

Thomas A. Coury, DO

Board Certified in Physical Medicine and Rehabilitation; Desert Sky Spine and Pain, Tucson, AZ



1 CREDIT

CHRONIC RECURRENT ABDOMINAL PAIN IN PEDIATRICS

Christopher Justinich, MD

Board Certified in Pediatrics and Pediatric Gastroenterology; Division Chief, Department of Pediatric Gastroenterology and Nutrition, University of Arizona College of Medicine; Diamond Children's Multispecialty Services Clinic, Banner-University Medical Center Tucson, Tucson, AZ

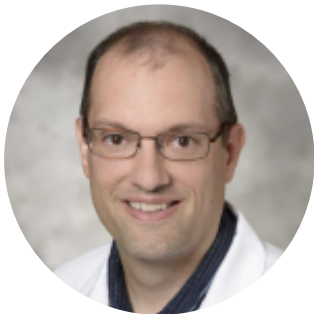


1 CREDIT

TELEHEALTH UPDATE: ACHIEVING HIGH QUALITY CARE AT VIRTUAL VISITS

Daniel Urcuyo, MD

Board Certified in Family Medicine; Medical Director, SteadyMD, Nashville, TN

**1 CREDIT****VACCINATION UPDATE FOR THE PRIMARY CARE PATIENT***Nathan B. Price, MD*

Board Certified in Pediatrics and Pediatric Infectious Diseases; Assistant Professor of Pediatric Infectious Disease, Director, Pediatric Infection Prevention, and Antimicrobial Stewardship, University of Arizona College of Medicine, Banner University Medical Center Tucson, Tucson, AZ

**1 CREDIT****COVID-19: WHERE ARE WE NOW?***Tirdad T. Zangeneh, DO*

Board Certified in Internal Medicine and Infectious Disease; Associate Professor of Medicine, Associate Director, Internal Medicine Residency Program, University of Arizona College of Medicine, Banner University Medical Center Tucson, Tucson, AZ

**1 CREDIT****LIPID MANAGEMENT FOR CARDIOVASCULAR DISEASE PREVENTION***Nicole Ciffone, MSN, ANP-C, FNLA*

Board Certified Adult Nurse Practitioner and Certified Clinical Lipid Specialist; Arizona Center for Advanced Lipidology, Tucson, AZ

**1 CREDIT****PEDIATRIC UROLOGICAL APPROACH TO ABDOMINAL AND PELVIC PAIN***Derrick Johnston, MD*

Board Certified in Surgery and Pediatric Urology; Arizona Pediatric Surgery and Urology Ltd., Tucson, AZ

2021 SOUTHWESTERN CONFERENCE ON MEDICINE®



SESSION 3



1.25 CREDITS

ENT UPDATE

R. Jonathan Lara, DO

Board Certified in Surgery, Otorhinolaryngology, Facial Plastic, and Head and Neck Surgery; Sonoran Ear, Nose and Throat, PLLC, Oro Valley and Tucson, AZ



1 CREDIT

MEDICALLY ASSISTED TREATMENT FOR ADDICTION: UNDERSTANDING THE ROLE OF PRIMARY CARE

Anthony Dekker, DO

Board Certified in Family Medicine, Osteopathic Manipulative Treatment, Adolescent and Young Adult Medicine, Addiction Medicine, and Pain Medicine, Gallup Indian Medical Center, Gallup, NM



1 CREDIT

NEVER WASTE A PANDEMIC: STRATEGIES TO INCREASE ADVANCE CARE PLANNING

Adebisi Alli, DO

Board Certified in Internal Medicine; Clinical Assistant Professor of Medicine, University of Arizona College of Medicine-Phoenix; Assistant Professor of Medicine, Mayo Clinic College of Medicine and Science, Mayo Clinic, Scottsdale and Phoenix, AZ

**SESSION 4****1 CREDIT****BURNED OUT BITTER AND BEYOND: LESSONS LEARNED THE HARD WAY***Michael Bays, DO*

Board Certified in Surgery, Otorhinolaryngology, Facial Plastic, and Head and Neck Surgery; Clinical Director of Otolaryngology, Southern Arizona Veterans Administration Health Care System; Banner University Medical Center Tucson, Tucson, AZ

**1 CREDIT****PAD FOR THE PCP: AN UPDATE ON MODERN MANAGEMENT OF PERIPHERAL VASCULAR DISEASE***William B. Harris, DO*

Board Certified in General Surgery and Vascular and Endovascular Surgery; Vascular Institute of Chattanooga, Chattanooga, TN

**1 CREDIT****NAVIGATING POST-COVID SYNDROME***Franz P. Rischard, DO*

Board Certified in Internal Medicine, Pulmonary Disease, and Critical Care Medicine; Assistant Professor of Medicine, Director, Pulmonary Hypertension Program, University of Arizona College of Medicine, Banner University Medical Center Tucson, Tucson, AZ

**1 CREDIT****3:30 - 4:30 PM / VAPING AND SMOKING CESSATION***Franz P. Rischard, DO*

Board Certified in Internal Medicine, Pulmonary Disease, and Critical Care Medicine; Assistant Professor of Medicine, Director, Pulmonary Hypertension Program, University of Arizona College of Medicine, Banner University Medical Center Tucson, Tucson, AZ

2021 SOUTHWESTERN CONFERENCE ON MEDICINE®



SESSION 5



1 CREDIT

THYROID DISEASE UPDATE 2021

Jonathan Insel, MD

Board Certified in Internal Medicine and Endocrinology; Western Endocrine Associates, Tucson, AZ



1 CREDIT

UPDATE IN EPILEPSY AND SEIZURE DISORDERS

Louann Carnahan, DO

Board Certified in Neurology; Center for Neurosciences, Tucson, AZ



1 CREDIT

PARKINSON'S DISEASE UPDATE

Scott Sherman, MD

Board Certified in Neurology; Associate Professor of Neurology, Director, Movement Disorders Center, University of Arizona College of Medicine, Banner University Medical Center Tucson, Tucson, AZ

2021 SOUTHWESTERN CONFERENCE ON MEDICINE®



SESSION 6



1 CREDIT

BREAST REDUCTION AND RECONSTRUCTION FOR PRIMARY CARE

Jamie M. Moenster, DO

Board Certified General Surgery and Plastic and Reconstructive Surgery; Dermatology and Plastic Surgery of Arizona, Tucson and Sierra Vista, AZ



1.25 CREDIT

DEPRESSION AND ANXIETY IN PREGNANT AND POSTPARTUM PATIENTS

Kristine T. Norris, DO

Board Certified in Psychiatry; Medical Director, Tucson Outpatient Psychiatry, Tucson, AZ



1 CREDIT

CARING FOR TRANSGENDER PATIENTS

Jamie Weinand, MD

Board Certified in Family Medicine; El Rio Health – Southeast, Tucson, AZ

2021 SOUTHWESTERN CONFERENCE ON MEDICINE®



QUESTIONS FOR FACULTY

Additional questions for the Faculty should be emailed to cme@tomf.org. Questions will be answered by email within a week.

PRESENTATION DOWNLOADS

Faculty presentation PDFs and/or handouts are available at www.tomf.org/cme. If presentations are not available at the link, it is because Faculty members have opted out of sharing or they may be submitting updated presentations. Downloadable PDFs are provided for use by Conference registrants only with the express written permission of the faculty and may not be duplicated for use outside of this educational activity.

CLAIMING CREDIT

After viewing each of the 6 Sessions of the 2021 Southwestern Conference on Medicine, complete the evaluation and attestation surveys at www.tomf.org/cme before November 1, 2021. NO EXCEPTIONS OR EXTENSIONS WILL BE MADE. TOMF staff will compile your credits claimed, compare with participation and viewing logs, generate and email individual custom certificates, and report credits directly to the AOA beginning on November 1. If you do not receive a certificate by email by December 1, please first check your spam/junk email folder before contacting us by email at cme@tomf.org.

PHYSICIANS SHOULD CLAIM ONLY THE CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION IN THE ACTIVITY.

IT IS TOMF POLICY TO COMPARE WEBINAR PARTICIPATION LOGS AND ON-DEMAND VIEWING LOGS WITH CREDITS CLAIMED ON ATTESTATION SURVEYS. IF YOUR VIEWING TIME DURING THE LIVE-STREAM WAS LIMITED AND YOU ATTESTED TO MAXIMUM CREDITS, THE ON-DEMAND CONTENT SHOULD BE VIEWED AND WILL BE AVAILABLE THROUGH OCTOBER 31. PARTICIPATION LOGS WILL BE RE-REVIEWED AFTER THE ON-DEMAND VIEWING CONCLUDES IN NOVEMBER. CERTIFICATES MAY REFLECT ACTUAL PARTICIPATION IN THE ACTIVITY IF NOT IN ALIGNMENT WITH ATTESTED CREDIT TOTALS.

2021 SOUTHWESTERN CONFERENCE ON MEDICINE®



TUCSON OSTEOPATHIC MEDICAL FOUNDATION

The mission of the Tucson Osteopathic Medical Foundation is the achievement of excellence, innovation and caring in advancing community health care issues, enhancing medical education and developing sustainable support of projects which impact the lives of many today and in the future. If you would like to learn more about us, visit our website www.tomf.org.

ACCREDITATION

Tucson Osteopathic Medical Foundation (TOMF) is accredited by the American Osteopathic Association (AOA) to sponsor continuing medical education for physicians. TOMF designates this program for a maximum of 20.50 AOA Category 1A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please Note: Medical professionals who are not DOs may participate, but should consult with their licensing board(s) regarding whether the AOA Category 1A credits awarded will meet specific licensing requirements.

DISCLAIMER

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this activity are those of the faculty and do not represent an endorsement by TOMF. In no event will TOMF be liable for decisions made or actions taken in reliance upon the information provided through this CME activity.

2021 SOUTHWESTERN CONFERENCE ON MEDICINE®



CONFERENCE DESCRIPTION

The Southwestern Conference on Medicine® is an annual event designed to bridge practice gaps between primary care providers' current knowledge, practice performance, patient outcomes and the ever-evolving standards of care in modern medicine. Primary care physicians are minimally exposed to the continual influx of new research data, recent studies and emerging disease states and lack expert mentoring to be able to improve competency, practice performance and patient outcomes. By providing the most current evidence-based findings, studies and technological advances, the Conference will allow the participants to advise their patients to improve care, outcomes and health. The knowledge, competence and performance gaps of this educational activity were developed from data collected from past Conference participants and outcomes measurement tools, the Planning Committee's perceptions of needed improvements in primary care diagnosis and treatments, national and local statistics and review of current trends in technology and medical literature.

LEARNING OBJECTIVES

Participants will be able to: recognize, analyze and assess current issues in primary care; identify and utilize new and updated treatment methods; review guidelines for treatment of a number of disease states and disorders; discuss cases regarding new treatment options and technological advances; utilize the most up-to-date clinical and scientific information in practice; examine case studies, patient outcomes, research results and best practice guidelines for application in clinical practice; and appropriately evaluate patients for referral.

OPIOID SPECIFIC EDUCATION

Two (2) hours of eligible opioid-relevant education were presented during the 2021 Southwestern Conference on Medicine. (Medically Assisted Treatment for Addiction: Understanding the Role of Primary Care in Session 3 and A Pain in the Butt: Common Causes and Treatment Options for Posterior Hip Pain in Session 1.) The credits will be notated on the certificate.

Faculty & Planning Committee Disclosures

Tucson Osteopathic Medical Foundation requires resolution of all faculty conflicts of interest to ensure CME activities are free from commercial bias.

The following Faculty have indicated that they may have a relationship, which in the context of their presentation, could be perceived as a potential conflict of interest:

William B. Harris, DO

Dr. Harris has disclosed that he participates in consulting and teaching and speaking for Philips and Cardiovascular Systems, Inc. His potential conflicts will be resolved by presenting fair and balanced information.

Daniel Urcuyo, MD

Dr. Urcuyo has indicated that he is employed by, has membership on advisory committee or review panels, and ownership interest in SteadyMD. His potential conflicts will be resolved by presenting the best available peer reviewed data, presenting fair and balanced information and avoiding the use of proprietary names.

The following Faculty and Planning Committee Members have indicated they have no relationship which, in the context of their presentation(s), could be perceived as a potential conflict of interest:

Adebisi Alli, DO

Michael Bays, DO

Louann Carnahan, DO

Peter R. Catalano, DO

Nicole Ciffone, MSN, ANP-C

Thomas Coury, DO

Anthony Dekker, DO

Valerie C. Ebert, DO

Patricia J. Eck, DO

Timothy C. Fagan, MD

Issa Y. Hallaq, DO

Jonathan Insel, MD

Rodolfo Jimenez, DO

Christopher Justinich, MD

R. Jonathan Lara, DO

Derrick Johnston, MD

John F. Manfredonia, DO

Jamie M. Moenster, DO

Kristine T. Norris, DO

Felipe R. Perez, MD

Nathan B. Price, MD

Franz P. Rischard, DO

Scott Sherman, MD

Daniel F. Walton, DO

Jamie Weinand, MD

Tirdad T. Zangeneh, DO

Howard R. Zveitel, DO

REGISTER TODAY!



Southwestern Conference on Medicine[®]

April 28 - May 1, 2022

Westin La Paloma Resort & Spa
Tucson, Arizona

IN-PERSON + LIVE-STREAM +
ON-DEMAND OPTIONS

Register Today at www.tomf.org/cme