

# 2025 Southwestern Conference on Medicine

A 10 - 20 minute question and answer session is included in each of the lecture times.

### Thursday, April 24, 2025

7:00 am - 8:00 am	Breakfast	
7:45 am - 8:45 am	Functional & Restorative Surgical	Kara Beasley, DO
	Interventions in Neurology	
* 8:45 am - 9:45 am	Торіс ТВА	Speaker TBA
• 9:45 am - 10:00 am	Break	
+ 10:00 am - 11:00 am	Strategies to Improve Metabolic Health	Speaker TBA
	in Primary Care	
+ 11:00 am - 12:00 pm	Physician Coaching for Improved	Mary Carneval, DO
	Patient Outcomes	
; 12:00 pm - 12:50 pm	Lunch	
+ 12:50 pm - 2:20 pm	A Comprehensive Approach to Pain	Thomas Coury, DO
	Management in Primary Care	
2:20 pm - 3:20 pm	Male Hypogonadism	Mario Skugor, MD
3:20 pm - 3:30 pm	Break	
* 3:30 pm - 5:00 pm	Best Practice Approaches in Pediatric	Monisha Das Ireland, MD
	& Adult Sleep Medicine	& Daniel Combs, MD

🛪 Tucson Osteopathic Medical Foundation Presented by Tucson Osteopathic Medical Foundation in Joint Providership with Cleveland Clinic 📑 Clev

> Southwestern Conference on

Medicine

Cleveland Clinic



2025 Southwestern Conference on Medicine A 10 - 20 minute question and answer session is included in each of the lecture times.

## Friday, April 25, 2025

7:00 am - 8:00 am	Breakfast	
7:50 am - 8:50 am	Vitamin D & Calcium	Andrew Buelt, DO
* 8:50 am - 9:50 am	Alzheimer's Disease: Strategies for Early	Allan Anderson, MD
	Detection & Prevention	
9:50 am - 10:00 am	Break	
10:00 am - 11:00 am	Eczematous Dermatitis for the Primary	Anthony Fernandez, MD
	Care Physician: Subtypes & Treatments	
11:00 am - 12:00 pm	Rheumatoid Arthritis Updates for the	Sheetal Chhaya, DO
	Primary Care Physician	
12:00 pm - 12:40 pm	Lunch	
12:40 pm - 1:40 pm	Physician Leadership: Managing Conflict	Karen Nichols, DO
	& Change	
i:40 pm - 2:40 pm	Updates in Hormone Replacement Therapy	Rachel Darché, MD
2:40 pm - 2:50 pm	Break	
2:50 pm - 4:20 pm	Trauma Recovery in Substance Use	Jasleen Chhatwal, MD
	Disorders	
4:20 - 5:20 pm	Updates in the Approach to Heat Related	Frank LoVecchio, DO
	Emergencies	

Tucson Osteopathic Presented by Tucson Osteopathic Medical Foundation in Joint Providership with Cleveland Clinic Presented by Tucson Osteopathic Medical Foundation in Joint Providership with Cleveland Clinic





#### 2025 Southwestern Conference on Medicine

A 10 - 20 minute question and answer session is included in each of the lecture times.

#### Saturday, April 26, 2025

7:00 am - 8:00 am	Breakfast	
+ 7:25 am - 8:25 am	Evidence-Based Osteopathic Philosophy:	James Keane, DO
	An Inductive Paradigm of Medicine	
8:30am - 9:30 am	C'ing the Evidence in COPD	Andrew Buelt, DO
9:30am - 10:30 am	Limb Revascularization in Diabetic Patients	William B. Harris, DO
10:30 am - 10:40 am	Break	
+ 10:40 am - 12:10 pm	Novel Pharmacologic Therapies in the	Kris Vijay, MD
	Management of Chronic Heart Failure:	
	Beyond RAAS Blockers, ARNI & Beta Blockers	
12:10 pm - 12:20 pm	Grab & Go Lunch Pickup	
12:20 pm - 1:20 pm	Refugee Health Guidance	Alona Sukhina, MD
+ 1:20 pm - 2:20 pm	Assessment of Healthcare Capacity	Shabnam Thompson, DC
	Decision Making	
2:20 pm - 2:30 pm	Break	+
→ 2:30 pm - 4:30 pm	Perspectives in Providing Supportive &	Jamie Ellis-Wittenhagen,
	Ethical Palliative Care for the Primary	DO & Robert Ellis, DO
	Care Physician	

Tucson Osteopathic Medical Foundation Presented by Tucson Osteopathic Medical Foundation in Joint Providership with Cleveland Clinic

Southwestern Conference on Medicine®

Cleveland Clinic



### 2025 Southwestern Conference on Medicine

A 10 - 20 minute question and answer session is included in each of the lecture times.

## Sunday, April 27, 2025

7:00 am - 8:00 am	Breakfast	· · · · · · · · · · · · · · · · · · ·
→ 7:25 am - 8:25 am	Utilization of AI in Healthcare to	Neil Mehta, MD
	Reduce Administrative Burdens	
	& Improve Patient Care	
* 8:30 am - 9:30 am	Transforming Lifestyle & Wellness	Robert Ellis, DO
	through Osteopathic Medicine:	
	It's Always Been Our Thing	
9:30 am - 10:30 am	HIV: Strategies for Treatment,	Sudha Nagalingam, MD
	Prevention, & Health Promotion	
10:30 am - 10:40 am	Break	
10:40 am - 12:40 pm	Functional Pathology of the	William Brooks, DO
	Musculoskeletal System	
12:40 pm	Adjourn	

### Save the Date for the 2026 Southwestern Conference on Medicine! Thursday, April 23 - Sunday, April 26, 2026

🛪 Tucson Osteopathic Medical Foundation Presented by Tucson Osteopathic Medical Foundation in Joint Providership with Cleveland Clinic 📑 🕻

> Southwestern Conference on

Medicine

Cleveland Clinic