

# FACULTY

**Allan A. Anderson, MD, MMM, CMD, DLFAPA**  
Board Certified in Psychiatry and Geriatric Psychiatry; Director, Banner Alzheimer's Institute  
Tucson, Tucson, AZ

**Sheetal K. Chhaya, DO, FACP**  
Board Certified in Internal Medicine and Rheumatology; Clinical Assistant Professor, Department of Internal Medicine, University of Arizona; Chair and Medical Director of Medical Subspecialties, Division of Rheumatology, Maricopa Medical Center, Phoenix, AZ

**Thomas A. Coury, DO**  
Board Certified in Physical Medicine and Rehabilitation; Desert Sky Spine and Sports Medicine, Tucson, AZ

**Ted Crawford, DO**  
Board Certified in Family Medicine; Northwest Allied Physicians at Rancho Vistoso, Oro Valley, AZ

**Bennet E. Davis, MD**  
Board Certified in Anesthesiology and Pain Medicine; Medical Director, Community Health Center, Inc., Project Pain ECHO; Director, Pain Recovery Program, Sierra Tucson, Tucson, AZ

**G. Scott Drew, DO, FAOCD**  
Board Certified in Dermatology; Trustee, A.T. Still University Board of Trustees; Director of Dermatology, OhioHealth O'Bleness Memorial Hospital; Adjunct Clinical Faculty, Ohio State University, College of Medicine and Public Health; Dermatology Associates of Mid-Ohio, Marion, OH

**Elisa M. Faybush, MD**  
Board Certified in Internal Medicine and Gastroenterology and Hepatology; Arizona Digestive Health, Mesa, AZ

**Anthony Fernandez, MD, PhD**  
Board Certified in Dermatology and Dermatopathology; Cleveland Clinic Main Campus, Cleveland, OH

**Marion C. W. Henry, MD, MPH, FACS, FAAP**  
Board Certified in Pediatrics, Pediatric Surgery and General Surgery; Associate Professor of Surgery and Pediatrics, University of Arizona College of Medicine; Banner-University Medical Center Tucson, Tucson, AZ

**Curtis Johnson, MD**  
Board Certified in Pediatrics; Catalina Pediatrics, Tucson, AZ

**Derrick Johnston, MD**  
Board Certified in Urology; Arizona Pediatric Surgery and Urology, Tucson, AZ

**Christopher Justinich, MD**  
Board Certified in Pediatrics and Pediatric Gastroenterology; Division Chief, Department of Pediatric Gastroenterology and Nutrition, University of Arizona College of Medicine; Diamond Children's Multispecialty Services Clinic, Banner-University Medical Center Tucson, Tucson, AZ

**Peter Kubitz, DO**  
Board Certified in Pain Medicine and Physical Medicine and Rehabilitation; Chairman, Governing Board and Medical Director, Honor Health Pain Management Center, Pain Consultants of Arizona, Phoenix, AZ

**Pam Laubscher, DO**  
Board Certified in Family Medicine; Tucson Touch Therapies, Tucson, AZ

**Frank LoVecchio, DO, MPH, FACEP**  
Board Certified in Emergency Medicine, Toxicology and Addiction Medicine; Associate Medical Director, Banner Poison and Drug Information Center; Professor, Emergency Medicine, Banner-University Medical Center Phoenix; Maricopa Medical Center, Department of Emergency Medicine, Phoenix, AZ

**Kevin C. Maki, PhD, CLS, FNLA, FTOS, FACP**  
PhD in Epidemiology and Public Health Sciences with Focus in Cardiovascular Disease, Diabetes, and Nutrition; President and CSO, MB Clinical Research and Consulting, LLC; Adjunct Faculty, Epidemiology and Biostatistics, Illinois Institute of Technology, Department of Food Science and Nutrition and DePaul University, Department of Nursing, Chicago, IL

**Emily R. McGlamery, PharmD**  
Doctor of Pharmacy; Personalized Health Care of Tucson, Tucson, AZ

**Roger J. Mignosa, DO**  
Board Certified in Physical Medicine and Rehabilitation; Clinical Professor of Family Medicine and Public Health, UC San Diego Health; Founder, Andiamo Health; Osteopathic Medical Associates, San Diego, CA

**Karen J. Nichols, DO, MA, MACOI, CS**  
Board Certified in Internal Medicine; Chair-Elect, Accreditation Council for Graduate Medical Education (ACGME) Board of Directors; Private Consultant, Downer's Grove, IL

**Kristine T. Norris, DO**  
Board Certified in Psychiatry; Medical Director of Women's Outpatient Services, Palo Verde Behavioral Health, Tucson, AZ

**Nathan B. Price, MD**  
Board Certified in Pediatrics and Pediatric Infectious Diseases; Associate Professor of Pediatrics University of Arizona College of Medicine; Diamond Children's Multispecialty Services Clinic, Banner University Medicine- Northwest Pediatric Specialty Clinic, Tucson, AZ

**Franz P. Rischard, DO**  
Board Certified in Critical Care Medicine, Pulmonary Disease and Internal Medicine; Associate Professor and Director of Pulmonary Hypertension Program, University of Arizona College of Medicine; Banner-University Medical Center Tucson, Tucson, AZ

**Simon Sheard, DO**  
Board Certified in Family Medicine; Banner Health Center, Maricopa, AZ

**Mario Skugor, MD, FACE**  
Board Certified in Internal Medicine and Endocrinology, Diabetes and Metabolism; Co-Director, Endocrinology and Reproductive Block, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University; Cleveland Clinic Main Campus, Cleveland, OH

**Connie Speece, DO**  
Board Certified in Family Medicine; Speece Family Medicine; Mesquite, TX

**Pierre N. Tariot, MD**  
Board Certified in Geriatric Psychiatry, Psychiatry and Neurology; Director, Banner Alzheimer's Institute; Research Professor, University of Arizona College of Medicine, Phoenix, AZ

**Shabnam I. Thompson, DO**  
Board Certified in Psychiatry; Carl T. Hayden VA Medical Center, Phoenix, AZ

**Frederick W. Van Hook, MD**  
Board Certified in Family Medicine and Integrative Medicine; Certificate of Added Qualification in Geriatrics; Frederick W. Van Hook, MD Integrative and Geriatric Medicine, Tucson, AZ

**Kris Vijay, MD, FACC, FACP, FNLA, FHFS**  
Board Certified in Internal Medicine, Cardiology and Clinical Lipidology; Medical Director, Institute of Congestive Heart Failure, Abrazo Arizona Heart Hospital and Heart Institute, Phoenix, AZ

**Ronald S. Weinstein, MD, FCAP, FATA**  
Board Certified in Anatomic Pathology; Professor, Department of Pathology, University of Arizona College of Medicine Tucson; Founding Director, Arizona Telemedicine Program; Executive Director, Institute for Advanced Telemedicine and Telehealth, Tucson, AZ

**Tirdad T. Zangeneh, DO, MA, FACP, FIDSA**  
Board Certified in Internal Medicine and Infectious Disease; Associate Professor of Medicine, Associate Director, Internal Medicine Residency Program, University of Arizona College of Medicine, Banner-University Medical Center Tucson, Tucson, AZ

## Conference Description

The Southwestern Conference on Medicine® is an annual event designed to bridge practice gaps between primary care providers' current knowledge, practice performance, patient outcomes and the ever evolving standards of care in modern medicine. Primary care providers, internal medicine specialists, Physician Assistants, Nurse Practitioners and all other physician specialties are minimally exposed to the continual influx of new research data, recent studies and emerging disease states and lack expert mentoring to be able to improve competency, practice performance and patient outcomes. By providing the most current evidence-based findings, studies and technological advances, the Conference will allow the participants to advise their patients to improve care, outcomes and health. The knowledge, competence and performance gaps of this educational activity were developed from data collected from past Conference participants and outcomes measurement tools, the Planning Committee's perceptions of needed improvements in primary care diagnosis and treatments, national and local statistics and review of current trends in technology and medical literature.

## Learning Objectives

Participants will be able to: recognize, analyze and assess current issues in primary care and internal medicine; identify and utilize new and updated treatment methods; review new guidelines for treatment of a number of disease states and disorders; discuss cases regarding new treatment options and technological advances; utilize the most up-to-date clinical and scientific information in practice; examine case studies, patient outcomes, research results and best practice guidelines for application in clinical practice; appropriately evaluate patients for referral.



## Continuing Medical Education Credit

Tucson Osteopathic Medical Foundation (TOMF) is accredited by the American Osteopathic Association (AOA) to sponsor continuing medical education for physicians. TOMF designates this program for a maximum of 30 AOA Category 1A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Cleveland Clinic Foundation Center for Continuing Education and Tucson Osteopathic Medical Foundation. The Cleveland Clinic Foundation Center for Continuing Education is accredited by the ACCME to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 30.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, the 29th Annual Southwestern Conference on Medicine, with a beginning date of 04/23/2020, has been reviewed and is acceptable for up to 30.00 Prescribed credits by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Planning Committee Members

Anthony Fernandez, MD, Co-Activity Director; Howard R. Zveitel, DO, Co-Activity Director, Planning Committee Chair; Valerie C. Ebert, DO, Alternate Planning Committee Chair; Peter R. Catalano, DO; Nicole Ciffone, FNP-C; Melissa Cox, DO; Patricia J. Eck, DO; Timothy C. Fagan, MD; Issa Y. Hallaq, DO, FACOI; Rodolfo Jimenez, DO, MBA; John F. Manfredonia, DO, FACOF, FAAHPM; Felipe R. Perez, MD; Daniel F. Walton, DO, FACP, FACOI, FASN  
Program Coordinator: Nicole Struck, TOMF Program Director

## Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education in joint providership with Tucson Osteopathic Medical Foundation has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity handout.

The 29th Annual  
**SOUTHWESTERN CONFERENCE ON MEDICINE®**  
April 23 - 26, 2020 | Westin La Paloma Resort & Spa | Tucson, Arizona

This program has been approved for:  
30 *AMA PRA Category 1 Credits™*, 30 AOA Category 1A Credits, 30 AAFP Prescribed Credits

REGISTER ONLINE AT [WWW.TOMF.ORG/CME](http://WWW.TOMF.ORG/CME)

Presented by Tucson Osteopathic Medical Foundation in Joint Providership with Cleveland Clinic



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For more information on this and other CME events,  
please visit our website [www.tomf.org/cme](http://www.tomf.org/cme)

Tucson Osteopathic Medical Foundation  
3182 N. Swan Road, Tucson, AZ 85712  
Phone: (520) 299-4545  
Toll Free: (800) 201-8863  
Fax: (520) 299-4609

To learn more about this event or to register online, visit [www.tomf.org/cme](http://www.tomf.org/cme)



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**29th Annual Southwestern Conference on Medicine**  
**April 23 - 26, 2020**

Name, address, and specialty will be printed in the participant list unless otherwise requested.

Name:

Mailing Address:

City/State/Zip:

Business Phone:

E-Mail:

Specialty:

Please Check: ☐ DO ☐ MD ☐ NP ☐ PA

☐ Other:

Retired: ☐ Yes ☐ No

AOA Number (if applicable):

Preferred Name on Badge:

**Saturday Afternoon Concurrent Sessions (please select if attending):**

- ☐ Pediatric Concurrent Session (2:00 – 6:15 pm)  
☐ OMM Concurrent Session (2:00 – 6:15 pm)  
☐ On the Horizon Concurrent Session (2:00 – 6:15 pm)

**Meal Functions**

Please indicate which meal functions you will or will not attend:

Each participant may bring one guest to the Thursday evening reception. Other meal functions are for participants only.

Thursday Breakfast: ☐ Yes ☐ No

Thursday Lunch: ☐ Yes ☐ No

Thursday Reception: ☐ Yes ☐ No

Thursday Reception Guest: ☐ Yes ☐ No

Friday Breakfast: ☐ Yes ☐ No

Friday Lunch: ☐ Yes ☐ No

Saturday Breakfast: ☐ Yes ☐ No

Sunday Breakfast: ☐ Yes ☐ No

Special Dietary Needs:

Registration Total: \$

**Payment Information (please check one):**

☐ Check Enclosed (payable to Tucson Osteopathic Medical Foundation)

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card #:

Exp. Date:

Name (as it appears on card):

Signature:

**Remove panel and send to:**

Tucson Osteopathic Medical Foundation  
3182 N. Swan Road, Tucson, AZ 85712  
(520) 299-4545, Toll Free (800) 201-8663, Fax (520) 299-4609, [cme@tomf.org](mailto:cme@tomf.org)

**Thursday, April 23**

7:00 am - 7:30 am *Breakfast*  
7:30 am - 9:30 am **Diet and Nutrition: Navigating Various Trends, Recommendations and Data for Primary Care**  
Ted Crawford, DO;  
Kevin C. Maki, PhD, CLS, FNLA, FTOS, FACN  
*Break*  
9:30 am - 9:45 am **Nutrition for Fall Prevention and Sarcopenia and Osteoporosis**  
9:45 am - 10:45 am Roger J. Mignosa, DO  
10:45 am - 11:45 am **Ethical Dilemmas in End-of-Life Care**  
Karen J. Nichols, DO, MA, MACOI, CS  
*Lunch*  
11:45 am - 12:45 pm **A Patient's Perspective on Cancer Diagnosis and Treatment**  
12:45 pm - 1:45 pm Curtis Johnson, MD  
1:45 pm - 2:45 pm **Surviving a Career in Medicine: Practical Methods to Address Provider Burnout**  
Pam Laubscher, DO  
*Break*  
2:45 pm - 3:00 pm **Depression and Anxiety in Pregnant and Postpartum Patients**  
3:00 pm - 4:00 pm Kristine T. Norris, DO  
4:00 pm - 5:00 pm **PTSD in Primary Care**  
Shabnam I. Thompson, DO  
5:00 pm - 7:00 pm *Welcome Reception*

*This is a DRAFT AGENDA. Faculty, dates and times are subject to change.  
A 10 minute question and answer period is included in each of the faculty's allotted time.*

**Hotel Information**

**The Westin La Paloma Resort & Spa**  
**3800 E. Sunrise Drive, Tucson, AZ 85718**



Attendees of the Southwestern Conference on Medicine may reserve rooms at The Westin La Paloma Resort & Spa. This luxurious Tucson property is nestled amidst the foothills of the Santa Catalina Mountains and features spectacular views as well as the Elizabeth Arden Red Door Spa, Jack Nicklaus-designed signature golf course, Azul Restaurant, Azul Lounge, Contigo Latin Kitchen and a wide variety of dining and leisure options only minutes away at La Encantada Shopping Center.

A special rate of \$209.00 per night, single or double occupancy, plus tax is being offered to Southwestern Conference participants. The Resort Fee has been waived. Rooms may be reserved at this special rate until April 3, 2020, or until the Foundation's room block is filled. Visit [www.tomf.org/cme](http://www.tomf.org/cme) for the link to access online room reservations or call (888) 236-2427 and indicate you are with the Southwestern Conference on Medicine group.

**Special Assistance**

Tucson Osteopathic Medical Foundation and The Cleveland Clinic Foundation Center for Continuing Education fully intend to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Nicole Struck at (520) 299-4545 at least two weeks prior to the activity.

**Friday, April 24**

7:00 am - 7:30 am *Breakfast with Exhibitors*  
7:30 am - 8:30 am **Updates in Autoimmune and Inflammatory Diseases**  
Sheetal K. Chhaya, DO, FACR  
8:30 am - 9:30 am **Cutaneous Manifestations of Autoimmune and Inflammatory Diseases**  
Anthony Fernandez, MD, PhD  
*Break with Exhibitors*  
9:30 am - 10:00 am **Polypharmacy in the Aging Patient**  
10:00 am - 11:00 am Emily R. McGlamery, PharmD  
11:00 am - 12:00 pm **Strategies for Navigating Complex Geriatric Cases**  
Frederick W. Van Hook, MD  
*Lunch with Exhibitors*  
12:00 pm - 1:15 pm **Skin Cancer**  
1:15 pm - 2:15 pm G. Scott Drew, DO, FAOCD  
2:15 pm - 3:15 pm **Alzheimer's Disease: From Soup to Nuts**  
Pierre N. Tariot, MD  
*Break with Exhibitors*  
3:15 pm - 3:45 pm **A Practical Approach to Dementia in Primary Care: Recognition, Evaluation, Management and Referral**  
3:45 pm - 4:45 pm Simon Sheard, DO  
4:45 pm - 5:45 pm **What You Need to Know in Non-Alzheimer's Dementia in Primary Care**  
Allan A. Anderson, MD, MMM, CMD, DLFAPA

**Saturday, April 25**

7:00 am - 7:30 am *Breakfast*  
7:30 am - 8:30 am **Diabetes: Clinical Perspectives in Endocrinology**  
Mario Skugor, MD, FACE  
8:30 am - 9:30 am **Diabetes: Clinical Perspectives in Cardiology**  
Kris Vijay, MD, FACC, FACP, FNLA, FHFSa  
*Break*  
9:30 am - 9:45 am **A Patient-Centered Approach to Tapering Opioids**  
9:45 am - 10:45 am Bennet E. Davis, MD  
10:45 am - 11:45 am **Opioid-Free Acute Care**  
Frank LoVecchio, DO, MPH, FACEP  
11:45 am - 12:45 pm **A Pain in the Butt: Common Causes and Treatment Options for Posterior Hip Pain**  
Thomas A. Coury, DO  
*Lunch on Your Own*  
12:45 pm - 2:00 pm **Concurrent Sessions as Below**  
2:00 pm - 6:15 pm

**Pediatric Concurrent Session**

2:00 pm - 3:00 pm **Approach to Chronic Recurrent Abdominal Pain in Pediatrics**  
Christopher Justinich, MD  
3:00 pm - 4:00 pm **Evaluation and Treatment of Reflux and Vomiting from Infancy to Adolescence**  
Christopher Justinich, MD  
*Break*  
4:00 pm - 4:15 pm **Pediatric Gastroenterology: Surgical Interventions**  
4:15 pm - 5:15 pm Marion C. W. Henry, MD, MPH, FACS, FAAP  
5:15 pm - 6:15 pm **Pediatric Gastroenterology: Urologic Diseases and Disorders**  
Derrick Johnston, MD

**On the Horizon Concurrent Session**

2:00 pm - 3:00 pm **The Virtual Visit: Telemedicine in the Future of Primary Care**  
Ronald S. Weinstein, MD, FCAP, FATA  
3:00 pm - 4:00 pm **Vaping and Smoking Cessation**  
Franz P. Rischard, DO  
*Break*  
4:00 pm - 4:15 pm **CBD and Medical Marijuana: Separating Fact from Fiction**  
4:15 pm - 5:15 pm Peter Kubitz, DO  
5:15 pm - 6:15 pm **Functional Medicine in Primary Care**  
TBA

**OMM Concurrent Session**

2:00 pm - 4:00 pm **Ligamentous Articular Strain Part I**  
Connie Speece, DO  
4:00 pm - 4:15 pm *Break*  
4:15 pm - 6:15 pm **Ligamentous Articular Strain Part II**  
Connie Speece, DO

**Sunday, April 26**

7:00 am - 7:30 am *Breakfast*  
7:30 am - 8:30 am **Colorectal Cancer Screening, Diagnosis and Treatment Updates**  
Elisa M. Faybush, MD  
8:30 am - 9:30 am **Bites, Stings, and Envenomations**  
Frank LoVecchio, DO, MPH, FACEP  
9:30 am - 10:30 am **Hot Topics in Infectious Diseases**  
Tirdad T. Zangeneh, DO, MA, FACP, FIDSA  
*Break*  
10:30 am - 10:45 am **International Infectious Diseases and Recommendations for International Travel**  
10:45 am - 11:45 am Tirdad T. Zangeneh, DO, MA, FACP, FIDSA  
11:45 am - 12:45 pm **Vaccination Updates for the Primary Care Patient**  
Nathan B. Price, MD

To learn more about this event or to register online, visit [www.tomf.org/cme](http://www.tomf.org/cme)

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